



Prevena Restor™

Postoperative Recovery

Management of Total Knee Arthroplasty Revision with 3M™ Prevena Restor™ Arthro•Form™ Incision Management System

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Patient

A 72-year-old female presented to the hospital, requiring a revision following a total knee arthroplasty of the right knee. The patient's medical history included heart murmurs, tobacco use, and obesity.

Procedure

The patient underwent a total knee arthroplasty revision, resulting in a <15-cm incision on the right knee (Figure 1). The incision was closed using staples, and the patient received clindamycin for prophylactic antibiotic control.

Application

Immediately after incision closure, 3M™ Prevena Restor™ Therapy was initiated using a 3M™ Prevena Restor™ Arthro•Form™ Dressing, which covered the full length of the incision and the area above and below the knee (Figure 2). Negative pressure was applied at -125mmHg.

Discharge and Follow-up

The patient was discharged on postoperative day 5. Seven days after surgery, Prevena Restor Therapy was discontinued, and the incision remained closed (Figure 3). On postoperative day 14, the incision remained closed without any complications. The patient reported less pain and swelling and improved post-surgical range of motion in the right knee following Prevena Restor Therapy with Prevena Restor™ Arthro•Form™ Dressing use compared to the previous total knee arthroplasty procedure.



Figure 1. Closed surgical incision.



Figure 2. Application of Prevena Restor Therapy with Prevena Restor™ Arthro•Form™ Dressing.



Figure 3. Surgical incision 7 days after Prevena Restor Therapy with Prevena Restor™ Arthro•Form™ Dressing.

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Patient data and photos courtesy of Yavonne L. Johnson, PA-C, Evan Argintar, MD; Washington, DC

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Prevena Restor™

Postoperative Recovery

Bilateral Primary Total Knee Arthroplasty

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Patient

A 64-year-old male patient presented for a bilateral primary total knee arthroplasty. Patient comorbidities and risk factors included obesity, hypertension, hyperlipidemia, and gastroesophageal reflux disease.

Diagnosis

The patient required a bilateral primary total knee arthroplasty due to debilitating pain and stiffness from end-stage osteoarthritis that was refractory to non-operative measures.

Application

The patient received preoperative and postoperative prophylactic intravenous antibiotics for 24 hours. Immediately following surgery, the 3M™ Prevena Restor™ Arthro•Form™ Incision Management System was applied over the closed incisions with -125mmHg negative pressure. The goals of therapy were to manage the surgical incision and surrounding soft tissue, hold the edges of the closed incision together, reduce tensile forces across the incision, and help reduce edema.

Discharge and Follow-up

The patient was discharged home with the 3M™ Prevena Restor™ Arthro•Form™ System Kit, and it was removed after 7 days during a follow-up visit. The arthroplasty incisions were healed without complication (Figure 1).



Figure 1. Bilateral total knee arthroplasty incisions after 7 days of 3M™ Prevena Restor™ Arthro•Form™ Incision Management System use.



Artist rendering of 3M™ Prevena Restor™ Arthro•Form™ Incision Management System applied to a knee. For illustration purposes only.

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Patient data and photo courtesy of R. Michael Meneghini, MD, Orthopaedic Surgery, Indiana University Health Hip and Knee Center and Indiana University School of Medicine, Indianapolis, IN.

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