

## Gain Practice-Changing Skills in Just 1 Hour: Intimate Partner Violence (IPV) Educational Program for Fracture Clinics

### Bring the EDUCATE Program to Your Fracture Clinic!

The COA and the EDUCATE team are looking for **Champions** across Canada to bring the EDUCATE program to their fracture clinic. Champions will receive specialized training about IPV in the orthopaedic context as well as the EDUCATE program curriculum.

**We currently anticipate hosting our next in-person Champion Training Session at the COA Annual Meeting in 2021.**



*Drs. Sheila Sprague and Mohit Bhandari, developers of the EDUCATE program, from McMaster University's Centre for Evidence-Based Orthopaedics*

#### What is the EDUCATE Program?

The EDUCATE program was developed by Drs. Sheila Sprague and Mohit Bhandari and their team of investigators and is an IPV educational program for all fracture clinic staff who see patients (i.e. orthopaedic surgeons, residents, non-physician HCPs, and non-HCP staff).

The program takes approximately **1 hour to complete** and includes a brief introductory video discussing the importance of optimizing fracture clinics to identify and assist women experiencing IPV. This is followed by an in-person presentation delivered by "local IPV champions" (please see below sections) in which participants are taught how to successfully identify and assist patients experiencing IPV through video demonstrations, case studies, and group discussions.

#### How Will the EDUCATE Program Benefit Fracture Clinics?

Previous research has found that **1 out of every 6 female fracture clinic patients has experienced IPV within the previous 12 months** (this is commonly referred to as current IPV). The COA has a position statement recognizing IPV as a significant social determinant of morbidity and mortality. This position statement encourages members to educate themselves further about IPV and take steps to incorporate IPV identification and assistance into practice. However, orthopaedic surgeons and other HCPs often report challenges identifying and assisting women experiencing IPV. Recent research suggests that these challenges can be overcome with clinical educational programs.

EDUCATE program participants will learn the knowledge and skills necessary to successfully identify and assist victims of IPV within their practice. This will allow fracture clinics to provide a high-quality of care to the 1 in 6 female patients experiencing current IPV and contribute to improving health care equity for women.

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## What are the Benefits of Serving as a Local IPV Champion?

- ✓ Gain an opportunity to take on a leadership role within the fracture clinic.
- ✓ Learn new knowledge and clinical skills that will contribute to improved patient care.
- ✓ Develop and refine medical education skills.
- ✓ Obtain CME credit for participating in the local IPV champion training.
- ✓ Become an advocate for women who are living in vulnerable and dangerous situations.
- ✓ Contribute to a growing movement focused on breaking the silence around gender-based violence and abuse.

## What are the Requirements to be a Local IPV Champion?

Any orthopaedic surgeon, resident, allied HCP, or non-HCP staff who sees patients in the fracture clinic can become a local IPV champion. Champions should however, be individuals who have:

- An interest in supporting women experiencing abuse
- Adequate time to devote to the role
- The ability to engage fracture clinic team members to participate in the training

## What are the Responsibilities of a Local IPV Champion?

Local IPV champions will be provided with specialized **training** from the EDUCATE team that focuses on how to identify and respond to IPV within the fracture clinic setting as well as the EDUCATE program curriculum. This training takes **1.5 hours** to complete and will be taking place at the **COA Annual Meeting in 2021**. Location and time will be confirmed closer to the meeting. Once local IPV champions have received training, they will be responsible for delivering the EDUCATE program at their fracture clinic. If you are interested in becoming a champion, but cannot attend our next in-person training session, please contact us for future training opportunities.

## How Can Fracture Clinics Obtain Access to the EDUCATE Program?

The EDUCATE program is delivered to fracture clinics by local IPV champions. To bring the EDUCATE program to a fracture clinic, one or more individuals from the fracture clinic must volunteer to serve as a champion.



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## What Are Current Champions Saying about the EDUCATE Program?



*"The EDUCATE program has helped our team to better identify and address the needs of IPV victims in our fracture clinic. As a result, we have become better informed about the many local IPV resources and have comprehensive resource materials available for patients in our clinic. The feedback I have received from my colleagues who completed the program was overwhelmingly positive and I strongly encourage others to serve as Champions and bring the EDUCATE program to their fracture clinics."*

**- Prism Schneider, MD, PhD, FRCS**



*"This program has helped our team become much more comfortable asking patients about intimate partner violence and providing essential lines of communication with community and hospital services as well as immediate help if necessary."*

**- Brad Petrisor, MD, MSc, FRCS**



*"Like many surgeons, I was unaware of how we could be point of initial contact with this issue for patients, and felt ill-equipped to deal with the issue should it arise. Having implemented the EDUCATE program at my fracture clinic, our staff have become more familiar with signs and symptoms, and more aware of resources available."*

**- Andrew Furey, MD, MSc, FRCS**



*"A lack of education can lead to lost opportunities to make a difference. EDUCATE teaches essential clinical skills for any health care provider who sees patients in the fracture clinic. I have rarely seen an educational program that has the potential to make such a difference."*

**- Emil Schemitsch, MD, FRCS**



*"Teaching the residents in our training program about domestic violence and how they can make a huge difference in the lives of their patients by being prepared to recognize and address this issue has been especially fulfilling."*

**- Aaron Nauth, MD, MSc, FRCS**



*"As physicians, we spend our lives learning how best to "treat the patient" and not simply the disease. The training to become a champion was not onerous at all, and it quickly provided me with the tools and confidence to identify and help patients who suffer from IPV."*

**- Anthony Adili, MD, FRCS**



*"Serving as Champion for the EDUCATE program was a great experience. The program was enthusiastically received and the feedback provided to me by front line health care providers was overwhelmingly positive."*

**- Lynn Vicente, RN, CCRP**

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[CLICK HERE to  
Become a  
Champion](#)

If you are interested in serving as a local IPV champion and bringing the EDUCATE program to your fracture clinic, please complete our **brief (1 minute)** sign-up form by clicking on the red button to the left, or going to <https://www.surveymonkey.com/r/2019EDUCATEchampion>.

## Who can I Contact for Additional Information?



If you have questions about the EDUCATE program or becoming a champion, please contact Gina Del Fabbro by email at [delfabbg@mcmaster.ca](mailto:delfabbg@mcmaster.ca)

## Did You Know?

- **1 in 3 women** presenting to fracture clinics **have experienced IPV** at some point in their lives
- IPV is the **most common** cause of non-fatal injury to women
- Every **6 days**, a woman in Canada is **killed** by her intimate partner
- **45% of women** who are **killed** by their intimate partner **have attended a hospital for treatment of injuries** related to IPV within the **past 2 years**

## The EDUCATE program was made possible by the following individuals:

Sheila Sprague, Mohit Bhandari, Gina Agarwal, Deborah J. Cook, Vanina Dal Bello-Haas, Samir Faidi, Diane Heels-Ansdell, Norma MacIntyre, Paula McKay, Angela Reitsma, Patricia Schneider, Taryn Scott, Patricia Solomon, Lehana Thabane, Andrew Worster (McMaster University, Hamilton ON), Diana Tikasz (Hamilton Health Sciences, Hamilton ON), Gerard P. Slobogean (University of Maryland, Baltimore MD), Prism S. Schneider, Richard E. Buckley, Leah Schultz, Tanja Harrison (University of Calgary, Calgary AB), Brad A. Petrison (Hamilton Health Sciences, Hamilton ON), Andrew Furey, Kayla Cyr, Erin Baker (Memorial University of Newfoundland, St. John's NL), Jeremy A. Hall, Aaron Nauth, Milena Vicente (St. Michael's Hospital, Toronto ON), Debra L. Sietsema (The CORE Institute, Phoenix AZ), Emil H. Schemitsch, Melanie MacNevin (London Health Sciences Centre, London ON), Anthony Adili (St. Joseph's Healthcare, Hamilton ON), Douglas Thomson, Trinity Wittman (Canadian Orthopaedic Association, Montreal QC), Aparna Swaminathan (University of Toronto, Toronto ON), Ari Collerman (Hamilton Health Sciences, Hamilton ON), Nneka MacGregor (Women's Centre for Social Justice, Toronto ON), Sarah Resendes Gilbert (Domestic Assault Review Team, Waterloo ON)

*Thank you!*