



For Immediate Release

## PRESS RELEASE

Canadian Orthopaedic Care Day 2024: Uniting for Better Musculoskeletal Health - #MSKUnited and #MobilityMatters

**MONTREAL, CANADA – March 27, 2024 –** The <u>Canadian Orthopaedic Association</u> is thrilled to celebrate the third annual <u>Canadian Orthopaedic Care Day</u> (**#CdnOrthoDay**, **#OrthoCareCanada**), a day dedicated to advancing musculoskeletal health and mobility in Canada. This year, under the themes of **#MSKUnited** and **#MobilityMatters**, we spotlight the transformative efforts and positive strides within the orthopaedic community, showcasing a commitment to enhancing patient care and outcomes across the nation.

Dr. Pierre Guy, President of the Canadian Orthopaedic Association, highlights the essence of this special day: "Canadian Orthopaedic Care Day transcends mere celebration; it's a powerful reminder of the innovative spirit and tireless dedication within our community. Together, we're not only advancing orthopaedic care for our patients but also championing a culture of collaboration among healthcare professionals. This synergy is essential in shaping a more integrated, effective care model for our patients, embodying the true spirit of **#MSKUnited** and **#MobilityMatters**."

This year's Care Day comes at a time when the importance of orthopaedic team-based care has never been more apparent. The latest hip and knee replacement statistic reveal promising developments in our field: In 2021–2022, a remarkable 15.6% of hip and knee replacements performed to treat osteoarthritis were conducted as day surgeries, a significant leap from 0.7% in 2018–2019. This demonstrates the advancements in surgical techniques and patient care, emphasizing our commitment to innovation and efficiency.

With 10.6% of Canadians living with a mobility-related disability, the need for comprehensive orthopaedic care is clear. Our collective mission is to ensure that every individual has access to the care professionals they need to live their lives to the fullest.

Despite facing the challenge of having the nation's highest specialty wait time for surgery in 2023, the orthopaedic community has shown unwavering dedication and resilience. Our focus remains on improving these wait times through strategic initiatives and collaboration, underscoring the urgent need for continued support and resources.

The Canadian Orthopaedic Association takes great pride in its partnerships and collaborative efforts with key stakeholders in musculoskeletal health. This spring, we have worked closely with the following esteemed associations, united in our goal to enhance MSK health across Canada:

- Canadian Orthopaedic Nurses Association
- Canadian Academy of Sports and Exercise Medicine







- Canadian Association of Physical Medicine and Rehabilitation
- Ortho Physician Assistants
- Canadian Physiotherapy Association
- Canadian Orthopaedic Surgery Student Network
- Canadian Orthopaedic Foundation
- Canadian Association of Radiologists
- Arthritis Society of Canada

These collaborations are a testament to our shared vision of a healthcare system that prioritizes accessibility, excellence, and comprehensive care for all Canadians.

The Canadian Orthopaedic Association invites healthcare professionals, policymakers, patients, and the broader public to join us in this national celebration. By standing together under the banners of #MSKUnited and #MobilityMatters, we advocate for a future where orthopaedic care is recognized not just as a necessity, but as a cornerstone of a vibrant, healthy society.

Let's continue to elevate the conversation around musculoskeletal health and work collectively towards a future where everyone enjoys the highest standard of care and quality of life. Join us in making Canadian Orthopaedic Care Day 2024 a landmark moment for orthopaedic care in Canada.

## **ASSOCIATED LINKS**

<u>coa-aco.org/canadian-orthopaedic-care-day/</u> advo-ortho.ca/canadian-orthopaedic-care-day/

## ABOUT THE CANADIAN ORTHOPAEDIC ASSOCIATION

The Canadian Orthopaedic Association is a not-for-profit professional association that stands as the voice of orthopaedic surgeons across Canada. Committed to excellence in orthopaedic care, the COA provides its members with ongoing medical education, subspecialty support, opportunities for knowledge exchange, advocacy, fellowship programs, and leadership development. The COA fosters a collaborative environment, encouraging the integration of a wide range of healthcare professionals to ensure the highest quality of care for patients.

## FOR MORE INFORMATION

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