



Canadian
Orthopaedic
Care Day



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Canadian Orthopaedic Care Day 2025: Bridging Generations in Orthopaedic Care

MONTREAL, CANADA – March 26, 2025 – The Canadian Orthopaedic Association (COA) proudly marks the 4th Annual Canadian Orthopaedic Care Day, a national initiative dedicated to advancing musculoskeletal (MSK) health and mobility across Canada. This year, under the theme "Preparing Early-Career Surgeons for an Aging Population — Bridging Generations in Orthopaedic Care," we emphasize the importance of mentorship, knowledge-sharing, and sustainable healthcare strategies to meet the growing demand for orthopaedic care.

"As Canada's population continues to age, ensuring access to timely orthopaedic care is more crucial than ever," said Dr. Olufemi Ayeni, President of the Canadian Orthopaedic Association. "We must invest in the next generation of orthopaedic professionals, equip them with the skills they need, and advocate for policies that support efficient, accessible musculoskeletal care for all Canadians. By fostering mentorship and collaboration, we can bridge the gap between generations and improve the future of mobility-focused healthcare."

The Urgent Need for Orthopaedic Care

Canada's demographic shift is creating an unprecedented demand for orthopaedic services:

- Mobility disabilities are increasing: In 2022, 10.6% of Canadians aged 15+—more than 3.1 million people—reported a mobility-related disability. Among seniors aged 65+, 63% experience mobility challenges (Statistics Canada, 2022).
- A rapidly aging population: As of July 1, 2024, 7,820,121 Canadians were 65 years or older, and by 2036, seniors could account for up to 25% of the total population ([Statistics Canada, 2024](#)).
- MSK conditions remain a leading cause of disability: Pain, mobility restrictions, and flexibility impairments are among the most reported disabilities among older adults, highlighting the critical need for specialized orthopaedic care ([Statistics Canada, 2022](#)).

"The statistics paint a clear picture—our healthcare system must prepare for an increase in demand for orthopaedic procedures, rehabilitation services, and preventative musculoskeletal care," added Dr. Ayeni. "With an aging population, we need a national commitment to training, mentorship, and healthcare policies that ensure continued access to high-quality orthopaedic services."

Advancements and Challenges in Orthopaedic Care

Despite the dedication of Canada's orthopaedic community, challenges persist:

- Surgical wait times remain a concern: While hospitals and surgical teams continue to work at full capacity, many patients still face delays for joint replacements and other essential procedures, impacting their quality of life.
- The need for a stronger healthcare workforce: Ensuring that early-career surgeons are well-trained and equipped to handle increasing caseloads is crucial for the future of musculoskeletal care.
- Innovation and efficiency in orthopaedic surgery: Advances in surgical techniques and recovery protocols, such as same-day joint replacements, are improving patient outcomes, but broader adoption and accessibility remain key challenges.



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Dr. Ayeni emphasized the importance of collaboration across all levels of healthcare and policy:

"We need a coordinated approach that brings together orthopaedic surgeons, policymakers, allied health professionals, and advocacy groups to tackle these challenges. Orthopaedic care is not just about treating injuries—it's about preserving mobility, independence, and overall quality of life for millions of Canadians."

Uniting for Canadian Orthopaedic Care Day 2025

The COA is calling on healthcare professionals, policymakers, and the public to support #CdnOrthoDay by:

- Raising awareness: Share key statistics and messages on March 26 using #CdnOrthoDay and #OrthoCareCanada.
- Advocating for improved access to care: Support policies that address wait times, funding, and workforce development in orthopaedics.
- Engaging in conversations on musculoskeletal health: Acknowledge the critical contributions of orthopaedic surgeons, researchers, and healthcare teams working to keep Canadians mobile.

"Orthopaedic care is an essential pillar of healthcare in Canada, and this day serves as a reminder of our shared responsibility to prioritize mobility health," said Dr. Ayeni. "By standing together—across generations of surgeons, healthcare professionals, and policymakers—we can shape a stronger, more accessible future for musculoskeletal care."

The COA invites everyone to join the conversation and participate in Canadian Orthopaedic Care Day 2025.

Associated Links

- [COA Canadian Orthopaedic Care Day](#)
- [Advo Ortho – Canadian Orthopaedic Care Advocacy](#)

About the Canadian Orthopaedic Association and Advo Ortho

The Canadian Orthopaedic Association is a not-for-profit professional association representing orthopaedic surgeons across Canada. Committed to excellence in musculoskeletal health, the COA provides its members with continuing medical education, research support, advocacy initiatives, leadership development, and collaboration opportunities. Through Advo Ortho and its partnerships with healthcare organizations, policymakers, and allied professionals, the COA works to enhance access, innovation, and patient care in orthopaedics across the country.

For More Information

Cynthia Vezina
CEO
Canadian Orthopaedic Association
[514-874-9003](tel:514-874-9003) x 3
cynthia@canorth.org